

# UK CARE CV TEMPLATE (Care Assistant / Support Worker)

## Full Name

City, Country

Phone Number | Email Address

LinkedIn (optional)

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## Personal Profile

Compassionate and reliable Care Assistant with over [X] years of experience providing personal, emotional, and practical support to elderly and vulnerable individuals. Skilled in maintaining dignity, promoting independence, and delivering high-quality care in home and residential settings. Seeking a care role in the UK with long-term growth opportunities.

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## Key Skills

- Personal care & hygiene assistance
  - Elderly and disability support
  - Medication reminders
  - Mobility & transfer assistance
  - Companionship & emotional support
  - First Aid & CPR
  - Time management & empathy
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## Work Experience

### Care Assistant – [Employer Name]

City, Country | Month/Year – Month/Year

- Assisted elderly clients with daily living activities including bathing, dressing, and grooming
  - Provided companionship and emotional support to reduce loneliness
  - Supported mobility and safe transfers
  - Maintained a clean and safe living environment
  - Followed care plans and reported health changes
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## Education

### [Qualification] – [Institution Name]

Year Completed

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## Certifications & Training

- Care Certificate
  - First Aid & CPR
  - Manual Handling (if applicable)
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## Additional Information

- Available for full-time and shift work
- Willing to relocate

- References available on request